



TRUE BLUE

OF COLUMBUS / COLUMBUS NORTH HIGH SCHOOL ALUMNI ASSOCIATION

PROMOTING & SUPPORTING EXCELLENCE AT COLUMBUS NORTH HIGH SCHOOL, ITS STUDENTS, FACULTY & ALUMNI

LETTER FROM THE PRESIDENT

Peter Campbell King, Bull Dog Alumni Association President, Class of '72

Dear Bull Dog Nation,
This year is moving quickly and while the Bull Dog Alumni Association has done a lot this year, there remains several projects to begin and/or complete. As the holidays approach, we have much to be thankful for looking ahead to 2022.

Earlier this year, we were approached by a group of former students, led by Larry Long (Class of 1960), whose lives were impacted so positively by the late Webb Salmon. They expressed an interest in doing something in memory of a great CHS teacher.

With their help, we recently announced the development of the Webb Salmon Excellence in English Scholarship. The late Webb Salmon, a favorite English teacher of Columbus High School students, left a lasting impact on those he taught through the years. A popular educator, he inspired so many who went on to successful careers. His legacy will now live on through the establishment of the Webb Salmon Excellence in English Scholarship, administered by the Bull Dog Alumni Association.

The group continues to raise funds and their goal is to build an endowment that will support an annual \$10,000 scholarship awarded to an outstanding Bull Dog senior who has demonstrated excellence in academics – especially in English, Creative Writing and Literature.

Preference will be given to students with financial need, first generation college entrants, and those studying to be a teacher. They are hoping to raise \$100,000 for the fund.

If you'd like to make a tax-deductible donation toward this scholarship or any of our endowments, please visit our website at www.columbusnorthalumni.org.

Our next project involves putting together an updated membership directory, including photos and a brief history of the school. In the next couple of weeks, you should be receiving a postcard from us. Please take a look at it as we are trying to update contact information of our members and we have new graduating classes to add since our last publication. The directory will contain a list of names and contact information for all alumni. In a separate section, the names will be listed by graduation year. Both are extremely helpful when wishing to contact old friends.

In the spirit of giving thanks, I'd like to recognize our Board Members for their willingness to volunteer their time to work in support of our grads, students and teachers. This organization is totally run by volunteers and I believe we have one of the best high school alumni associations in the country. Thank you!

Bull Dog Alumni Association Board of Directors

Hedy George, Executive Director
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As we approach 2022, we will continue to find ways to support our students, staff and alumni. There are so many challenges with funding for education but with the generosity of our members, we can help offset costs. We will continue to provide grants for training opportunities for our teachers. We will continue to sponsor programs and guest speakers for our students. We believe in the Bull Dog Spirit, and want to support skills development of our students and those who lead, train, and influence them daily.

We wish you and your family a very Happy Thanksgiving with all the food and family traditions you enjoy. Remember... once a Bull Dog, always a Bull Dog!

COACH JOHN HINDS + MCVEY TWINS = STATE CHAMPIONSHIPS FOR CNHS

By Kim West, Editor

In the words of basketball coach Rick Pitino, “To be a truly great leader you must give of yourself. You can’t be selfish. You must convey a vision of partnership, that you not only care about the people who work for you, but that it’s important that they’re successful too. It can’t just be about you, your career, your success.”

This could certainly be said about our beloved former men’s Hall of Fame gymnastics coach, John Hinds, who led our Bull Dogs to 13 state championships in 20 years and built a dynasty that was the envy of our state. Long after gymnastics ended as a high school team sport in Indiana, Coach Hinds remains proud of the young men he coached. Many credit him for the successes they enjoy today as a result of his leadership.

Identical twin brothers Ted and Tod McVey, bolstered by the support of their family and friends, achieved state champion status and consider Coach Hinds a father-like figure to them. They both spoke at the same time, as twins often do, and said their coach became a catalyst for successful lives after high school.

“Coach Hinds was amazing at getting the very best out of you even on your worst days,” they explained. “He pursued excellence, which breeds success.”

By winning so many state championships, a coach could easily rest on his laurels. Coach



Hinds broke the mold. “It was never about him—his record, his fame or ego. It was about the team first. Building a winning program that stood the test of time took every single person, from the team manager to the athletes to the scorekeepers to contribute their best efforts every time out and Coach Hinds treated everyone equally. It made everyone want to do their very best for him,” Ted explained.

Growing up, the twins shared a passion for sports. They weren’t afraid to try anything but being on the small side, the contact sports put them at a physical disadvantage. Gymnastics became their go-to sport and in addition to the team state championships they enjoy, they are both individual state champions over multiple years.

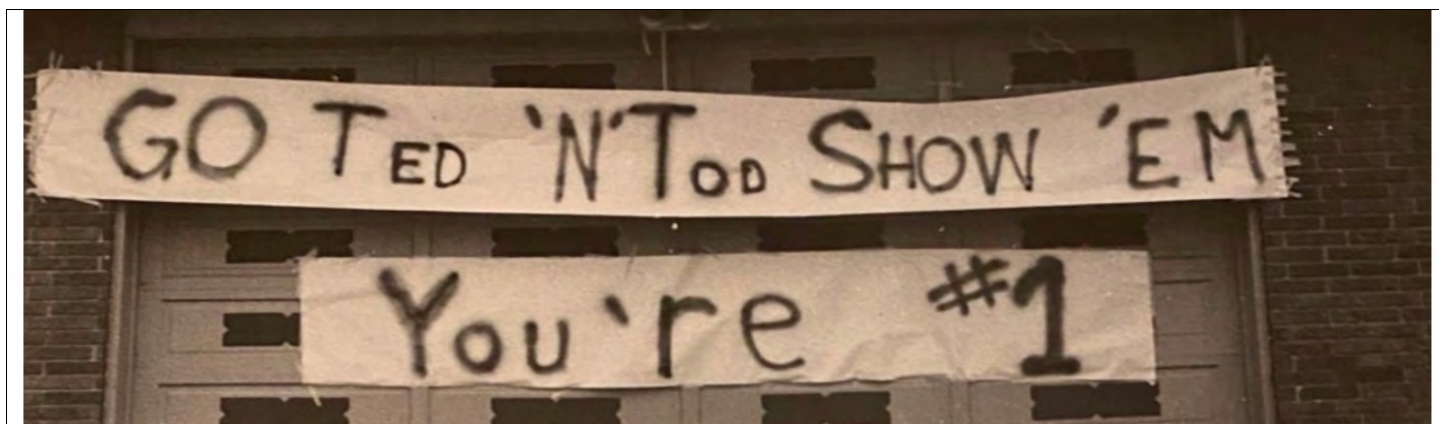
Louis Russell, assistant coach of the team, explained that one of the reasons Coach Hinds was so successful was that he was a master recruiter. He chuckled and said, “John often butted heads



with Steve Gobert, coach of the men’s wrestling team. They were both competing for the same type of athlete, especially with the weight classes they used in wrestling. Often when Steve was looking to fill a roster spot with a 110 pound athlete, John had beat him to the punch. It was all great, though, as both coaches appreciated each other’s success.”

When the McVey twins came on board, a sense of magic entered the gym. Everyone could feel it.

“The twins were amazing. They



weren't afraid of anything and willing to do whatever asked of them in terms of helping the team over themselves. It was amazing to watch them. But I never felt completely certain of which one I was talking to unless they were on the floor competing. They had their own specialties and it was there I could pick out Ted or Tod," added Russell.

He went on to say they each had a special talent and John was able to get the most out of them. "We pushed them but not too hard and they were able to capitalize on their athletic ability in doing



whatever they attempted. They were phenomenal to watch at practice and meets. Often times John and I would be standing on the sidelines with our mouths open in amazement."

Coach Russell went on to explain the appreciation for the parental support of the twins. "Their parents were outstanding and also an important part of the team's success. They were always there for Ted and Tod."

To the amazement of the McVey twins was the lessons they took away from a coach who taught them not only about gymnastics, but life in general. A dynasty always begins with a great coach willing to try revolutionary new ideas and staff working hard



behind the scenes.

When Coach Hinds first took the helm of the gymnastics team at CHS, he wanted to purchase a video camera to tape practices and meets. This way he could better teach his athletes by showing them exactly how they could improve. The school denied his request so he used his own money to buy a camera. The team went on to win the state championship that year! Prior to the next season, his request for a camera was fulfilled. Success as a team was a paramount part of the program even as the school became CNHS. The team practiced and studied together, won together and they lost together.

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Coach Hinds became legendary in the world of gymnastics. While a school counselor and coach, he authored the book, "Still Rings Skills and Techniques," and it is still available in hardback and paperback today. It is basically a pictorial featuring Columbus North gymnasts. "It was done because of an interest for rings and the success we had had at that period of time," said Coach Hinds.

Using his knowledge, he started the book in 1968 and completed it in 1972. Besides his book, Mr. Hinds has also written articles for "Athletic Journal" and "Modern Gymnast." He served as president of the Indiana Coaches Association, and chaired the National Federation of State High School Athletic Associations. He also served as president of the National Coaches Association and the State High School Coaches Association. Many gymnasts coached by Hinds went on to perform for national collegiate



teams and Olympic teams as well.

"Coaching was one of the greatest loves of my life," said the coach. Retired, he now loves his life with his wife Mariane and always enjoys hearing from his former team members.



Most Team Championships

No.	School	Years
13	Columbus North (Columbus)	1967, 1968, 1969, 1970, 1972, 1973, 1975, 1976, 1977, 1978, 1979, 1981, 1982
4	Clarksville	1960, 1961, 1962, 1963
3	Concord	1964, 1965, 1966
2	Warren Central	1980, 1983
1	Jimtown	1974
1	North Central (Indianapolis)	1971

Most Team Championships by a Coach

No.	Name	School	Years
13	Hinds, John	Columbus North	1967, 1968, 1969, 1970, 1972, 1973, 1975, 1976, 1977, 1978, 1979, 1981, 1982
4	Straub, Ed	Clarksville	1960, 1961, 1962, 1963
3	Kelly, Dale	Concord	1964, 1965, 1966
2	Hoffman, Bob	Warren Central	1980, 1983
1	Barnes, Phil	Jimtown	1974
1	Emry, John	North Central (Indpls.)	1971



When together, Ted and Tod share a passion for music. They are fantastic singers and their instrument skills are as impressive as their gymnastic feats. If you ever have the opportunity to hear them perform, it will be an enjoyable experience.

Ted now lives in Lemitar, New Mexico, where he works in electronics engineering.



He and his wife, Debora, been married for 21 years and have six children together in their blended family.

Tod lives in Jacksonville, Florida and works for the University of North Florida as



their Environmental Health and Safety Coordinator. He and his wife, Roschelle, have three sons and a daughter in their blended family. Rusty, Romeo, and Loki enjoy the run of the house. They are house cats!

HEDY GEORGE INDUCTED INTO SLOW PITCH SOFTBALL HALL OF FAME

Bull Dog Alumni Executive Director Hedy George, a 1967 Columbus High School graduate and 1971 University of Kentucky alum, was inducted into the Columbus, Indiana Slow Pitch Softball Hall of Fame on November 6, 2021. She becomes a member of the third class of inductees into the newly-established HOF.

The honors continue for the retired CNHS Athletic Director, teacher and basketball coach. It is the third Hall of Fame that has honored her talents and leadership, as she was previously inducted into the Indiana Girls Basketball Hall of Fame and the Jennings County Softball Association's Hall of Fame. George coached the CNHS basketball team for parts of 15 seasons, her teams winning 187 games and capturing 10 sectional titles during her tenure. She was one of 11 inductees in the women's class of 2015.

Diane Timbrook, a former basketball player for George and a member of the CNHS Class of 1977, nominated her for the Columbus Slow Pitch Softball Hall of Fame.

"It was a pleasure to nominate Coach George for induction into the Columbus Indiana Slow Pitch Softball Hall of Fame," explained Timbrook. "She continues to be a role model for many and has been a pioneer for women in sports. I have always admired her tenacity and devotion to any game or job. I was honored to introduce her at the induction ceremony on November 6, 2021.



1977 CNHS grad Diane Timbrook (L) with Hedy George (R)

Congratulations Coach!!!!"

George began her softball career in Jennings County. She was known for her defensive skills at shortstop and her ability to hit the long ball. She played for several teams during her career, including the Ponderosa Playmakers, also inducted as a team to the HOF this year.

"It's an honor to be inducted into the Softball Hall of Fame. It was great to see old friends at the awards banquet and I'd like to commend Jerry Cox for creating this group and keeping a favorite past time in Columbus history alive through its historical preservations," said George.

The Columbus Indiana Slow Pitch Softball Hall of Fame, established in 2019, is a group celebrating those who played Slow Pitch Softball in Columbus,

Indiana. It was designed to recognize and acknowledge those who have been instrumental in implementing, upgrading, maintaining and helping grow the sport so many have given so much of their time and talents to develop locally.

Along with George, this year's class of inductees included 14 former players, coaches, and teams. Others honored include Rusty Huston, Dave Pope, Marlin Cox, Bobby Bennett, the late Ernie Lucas, Melvin Roberts, John Dejarnette Jr., Derck Englebert, and Larry Holden. Joining the players as entrants were umpire LeAnne Blackerby and coach Margie Bowman. Two teams, the Ponderosa Playmakers and the Indiana Classics, also received the distinction.

1965 CHS GRAD RETIRES AFTER 36 YEARS AS FRANKLIN TRACK COACH

Franklin Daily Journal

Mike Hall, who grew up in the 1960s and graduated from Columbus High School, can't completely let go of the music that helped shape the soundtrack of his youth.

Songs heard over the stadium speakers during Franklin boys track and field practices leaned more in the direction of the Beatles and Beach Boys than any other musical act—even if that meant one of the athletes was shooting him a glance of complete befuddlement.

Hall recently retired as coach after last season, his 36th year at Franklin. It will literally change the record for a program dating back more than a century. No more "Twist and Shout." No more "Good Vibrations." Just a new and exciting turn on what has been a "Long and Winding Road."

It just seemed like the right time," said Hall, who turned 74 back in June. "I'm still in good health, but I'm not in the same kind of health I was 10 years ago, or five years ago for that matter. I didn't ever want to get in a situation where the kids saw me where I wasn't in good health."

Ironically, Hall began his final postseason as a coach when his team took part in the Columbus North Sectional. Fittingly, it was a return to his alma mater where he graduated from then Columbus High School.

The Cubs did well with Hall at the helm. He coached Brad Epperson, his only state champion, when he won the discus in 1994. Several others have been close to individual titles. The Grizzly Cubs as a team won four conference championships, four sectionals and two regionals under Hall's leadership.



Epperson, now a Franklin firefighter, said his coach was much more than about fast times, record jumps and precision relay handoffs. "What I remember about Coach is that he was very fair but expected us to work hard, he was a great motivator and mentor...just one of those coaches you could count on in good or bad times. He had a way of getting through to his athletes and getting the most out of them."

The ongoing challenge during Hall's tenure is that as he got older, those he was mentoring were always going to be mainly 16-18 year old kids. The coach had to make a concerted effort to make sure there was no gradual divide in communication.

Hall's coaching background at Franklin included leading boys junior varsity basketball teams for 18 seasons. In 52 years of coaching, he

has led a total of 94 different teams, seven times coaching three sports during the school year.

Hall and his wife, who recently enjoyed their 50th wedding anniversary, plan to remain in Franklin and enjoy their golden years having all of their time to themselves.

"My wife has been a rock for me all these years and has been very, very patient. It wouldn't have been the same without her. I married above my league, without a doubt," Hall said. "I told my coaches I didn't get in this to get wealthy. But I got rich in other ways and that's in terms of relationships with people—so many great parents, students and fans."

He continued, "those kinds of things they don't tell you when you're training to be a teacher and coach. Those are the things I will miss most in retirement."

A GRADE-A PERFORMANCE

North girls put together complete effort, earn 1st title since '09

BY TED SCHULTZ
THE REPUBLIC
tschultz@therepublic.com

TERRE HAUTE — Rick Sluder often thinks in terms of grades for his Columbus North girls team after their cross-country meets.

At Saturday's state finals, Sluder didn't have any areas where he could have downgraded the Bull Dogs.

Top-ranked North used a complete team performance to outscore No. 3 Carmel 79-92 to win its second state title in school history and the first since 2009. Chesterton finished a distant third with 221 points.

"We talk a lot about grading it afterwards because I'm a teacher, and today was the A-plus day we've been waiting for," Sluder said. "It was awesome. They just ran great up and down the lineup."

Junior Lily Baker led the way. She finished eighth in 18 minutes, 42.5 seconds over the 5,000-meter (3.1-mile) La-Vern Gibson Championship Cross Country Course.

"I just did the best I could," Baker said. "It's so exciting, and I can't process what just happened. But it was fun, and I am happy with my performance." Junior Julia



Kiesler ran with Baker for most of the race and ended up 11th in 18:53.4 to join her on the All-State team.

"We were just trying to get up there all together and stay strong through the race," Kiesler said. "We were just doing what we always do."

Another junior, Brianna Newell, missed All-State honors by one spot. She finished 26th in 19:24.9.

"I think I had a good start, and then I tried hanging on throughout the entire race," Newell said. "The mud made it harder, but I was able to move back up and have a strong finish."

Baker and Kiesler finished second and fourth among girls who were competing for teams and individuals were displaced. When Newell came in 13th among team competitors, the

Bull Dogs were tied with Carmel through three runners.

"Bri was kind of the lynch pin right there in the middle, where she couldn't give up a bunch of spots to their 3, and she didn't," Sluder said. "So Bri coming through in that last (kilometer) is one of the things that helped save us."

If that saved North, its 4-5-6 runners sealed the victory. Senior Katherine Rumsey finished 36th (21st in team scoring) in 19:34.4.

"I knew I had to get out strong because making up those spots later in the race is a lot harder," Rumsey said.

"So I got out strong, got myself to the front of the group and just continued to push the entire time, and I think that really helped me and helped our team today." Senior Abby Jacobi and junior Sydney Morlok



finished 61st and 62nd (39th and 40th in team scoring) in 19:51.7 and 19:53.7.

"It's just unbelievable," Jacobi said. "It's something that I never expected my freshman year. But I think we ran really well today. The conditions were not the greatest, but I'm just so proud of how our team went out and showed just how strong we are."

Even though Morlok's score didn't count toward the team total, she finished eight spots ahead of Carmel's No. 5 runner.

"It's amazing," Morlok said. "We worked for this the whole season, every single one of us, and it's really cool to watch it all pay off. Everyone did what they needed to do today. That's all we needed to do is go out there

and give it our all, and I think we did really well."

Senior Alyssa Green rounded out North's lineup with a 121stplace finish in 20:32.6.

"It's pretty exciting," Green said. "I'm still in shock what we did. All our hard work really just paid off for this moment. Even though it was bad conditions out there, we still took the win."

"Just up and down the lineup, our three seniors closed the door," Sluder added. "Two of our seniors, Katherine and Alyssa, this was their first state meet, and they ran incredible. Then, of course, Lily and Julia up front, and Bri ran great. So we matched (Carmel) with our 1-2-3 just like we knew we had to, and our 4-5-6-7 did exactly what

we needed. I couldn't be more proud, and I couldn't be more excited for all seven of those girls."

Meanwhile, Brown County junior Hadley Gradolf made her third state meet a big one. She finished 23rd in 19:19.5 to earn All-State honors.

"It's one of the best races I've run here on this course," Gradolf said. "It was slower today than normal because of all the mud and rain. I'm pretty proud of myself. I pushed myself, and I tried to pass people at the end and on the hills, and I think I did a pretty good job with that."

Bishop Chatard's Lily Cridge won the girls race in 17:32.7.

In November of every year, we celebrate Veteran's Day. The Bull Dog Alumni Association salutes all veterans! The freedoms we enjoy today are a result of their dedication and sacrifice.

The Tomb of the Unknown Soldier, one of the most popular tourist attractions located in Arlington National Cemetery in Washington, D.C., is a national treasure. We thought you might want to read about some of the lesser-known facts about the monument:

TOMB OF THE UNKNOWN SOLDIER

1. How many steps does the guard take during his walk across the Tomb of the Unknown and why?

—21 steps. It alludes to the twenty-one gun salute, which is the highest honor given any military or foreign dignitary.

2. How long does he wait after his about face to begin his return walk and why?

—21 seconds for the same reason as above.

3. Why are his gloves wet?

—His gloves are moistened to prevent his losing his grip on the rifle.

4. Does he carry his rifle on the same shoulder all the time and if not, why not?

—He carries the rifle on the shoulder away from the tomb. After his march across the path, he executes an about face and moves the rifle to the outside shoulder.

5. How often are the guards changed?

—Guards are changed every thirty minutes, twenty-four hours a day, 365 days a year.

6. What are the physical traits of the guard limited to?

—For a person to apply for guard duty at the tomb, he must be between 5' 10" and 6' 2" tall and his waist size cannot exceed 30".

Other requirements of the Guard:



They must commit 2 years of life to guard the tomb, live in a barracks under the tomb, and cannot drink any alcohol on or off duty for the rest of their lives.

They cannot swear in public for the rest of their lives and cannot disgrace the uniform {fighting} or the tomb in any way. After two years, the guard is given a wreath pin that is worn on their lapel signifying they served as guard of the tomb. There are only 400 presently worn.

The guard must obey these rules for the rest of their lives or give up the wreath pin.

The shoes are specially made with very thick soles to keep the heat and cold from their feet. There are metal heel plates that extend to the top of the shoe in order to make the loud click as they come to a halt.

There are no wrinkles, folds or lint

on the uniform.

Guards dress for duty in front of a full-length mirror.

The first six months of duty a guard cannot talk to anyone, nor watch TV.

All off duty time is spent studying the 175 notable people laid to rest in Arlington National Cemetery. A guard must memorize who they are and where they are interred.

Among the notables are: President Taft, Joe E. Lewis {the boxer} and Medal of Honor recipient Audie Murphy, {the most decorated soldier of WWII} of Hollywood fame.

Every guard spends five hours a day getting his uniforms ready for guard duty.

The tomb has been patrolled continuously, 24/7, since 1930.

Tomb inscription:

**"ETERNAL REST GRANT THEM
O LORD, AND LET PERPETUAL
LIGHT SHINE UPON THEM."**

BLACK FRIDAY

Do you shop with the crowds or stay home and enjoy a warm fire and movies?

Visit our Bull Dog Alumni Association Facebook page and share your stories and experiences of Black Friday!

With retailers wrangling for big dollars this holiday holiday season, Black Friday just might disappear as quickly as it entered the scene in terms of people's post-Thanksgiving sales. Every year it seems stores are opening earlier and earlier with Midnight Madness taking place all over the country. The traditionalists balked at the practice but it was eventually accepted. Now, however, stores are opening on Thanksgiving Day itself. Not everyone approves...yet.

Many folks think "Black Friday" got its name because stores become profitable and get out of the red and go into the black. The true story, however, occurred not on the day after Thanksgiving, but on September 24, 1869. Two investors artificially drove up the price of gold and caused a crash. The stock market lost over 20% and farmers were hit hardest with



a 50% drop in their crop harvest value.

The name "Black Friday" wasn't used in the context of shopping until 1951. They used the name because so many workers called in sick on Friday to enjoy a longer holiday with their families... or some just ate too much! Back then, the Friday following Thanksgiving was not yet a paid holiday for most employees.

It is believed the name became common in Philadelphia. Police officers were not allowed to take the day off as thousands poured into the city for the annual Army vs. Navy football game, traditionally held on Saturday. Hotels were booked and pedestrian and automobile traffic paralyzed the city. Immediately the police called it "Black Friday."

The name began to spread. Not wanting to have their city known for a negative happening, they tried hard to promote the day as "Big Friday." It never caught on.

With shopping online and on Thanksgiving, Black Friday might just become a regular day again. Consumer demands drive retailers to make decisions on when they will open and close during the holidays.

They should just leave it alone. It will evolve with time into something new; perhaps, Wild Wednesday. It's just a crazy time of the year and consumers will take advantage of any moment a store is open.

Happy shopping!

P.S. Black Friday is one of the busiest days of the year for plumbers!

CNHS GRAD TYLER DUNCAN, PLAYS WELL IN HOUSTON

Tyler Duncan continues to do well in the PGA. He finished in the money at the Hewitt Packard tournament in Houston, TX. The tournament was won by Jason Kokrak, who brought home a victory paycheck for \$1,350,000. Duncan, who tied for 29th place, earned \$48,063 for his efforts. As a rising young golf star, we wish Tyler all the best for continued success on the PGA tour. We are Bull Dog proud!



LED BY ALI PATBERG, #8 RANKED HOOSIERS DEFEAT #11 KENTUCKY FOR 2-0 RECORD IN YOUNG SEASON

Former Indiana Miss Basketball and CNHS star Ali Patberg addresses the media regarding high expectations for IU this season. In her final season as a Hoosier, Patberg is the leader of the team that returns their entire starting five from last year's Elite Eight appearance in the NCAA tournament.



PURCHASE THE STORY OF CHS / CNHS: 150 YEARS!

We are pleased to offer online sales for the history book - The Story of CHS / CNHS: 150 Years

The online price of \$35 includes shipping and handling to have your book(s) sent to you. If you're local to the Columbus area, the book is also available for cash purchase and pick up at (\$30) at the Columbus North bookstore and Viewpoint Books downtown at 548 Washington St. If you're local to Columbus and neither option works for you, please [email us](#) and we will see if other arrangements can be made to get a copy to you!

All proceeds from book sales support the programs of the alumni association and their mission to promote and support excellence at Columbus North High School for its students, faculty and alumni.

As always, we thank you for your support!

The following articles over the next few pages were written by current CNHS students and appeared in The Triangle school newsmagazine.

THE IMPRINT OF TIKTOK

As TikTok continues to grow, so does the influence it has on students **by Izzy Munn**



TikTok. The video creation app that has been taking the world by storm. With users having up to 124 million followers, there are bound to be students from North on the app, but is this a good or a bad thing? Social media has always been a sensitive topic when it comes to students. Will it affect us in a positive or negative way? Recent events may have answered the question for us.

Launched in 2016, the app now has a growing 732 million users and is estimated to hit 1.2 billion by the end of 2021, according to CNBC. With this kind of popularity, videos and trends can spread like a wildfire. One example of this is the "devious lick" trend. The trend started small, but it started hitting schools like North around mid-September. The idea of the movement was to steal things

from school and attempt to catch it all on video - to post on TikTok. It started off small with items like soap dispensers being stolen, but it quickly rose to stealing mirrors, sinks and even attempting to take a SMARTboard projector.

So, in light of recent events, the question remains: is TikTok a good or bad influence on students? I don't think this question can ever truly be answered. While there are people on social media who will try to start trends that will ultimately only lead to needing passes everywhere we go, and only allowing students to leave the class one person at a time, there are also people whose goal is to lift people up and not bring them down. People will always be influenced by social media, but ultimately, it's up to the users to determine whether they will use it for good or for bad.

COFFEE & COMMUNITY

by Alex Osburn
design by Abigail Smith

Students in Life Skills classes use the coffee cart to raise money for their program

According to the CDC, about 25 percent of adults in the U.S. live with some kind of disability.

Twelve years ago the Life Skills program at North developed a way for students with disabilities to interact with the school community while raising funds: a coffee cart that visits classrooms in the morning to sell various drinks and food items. Life Skills teacher Amy London directs the coffee cart program, but the students' hard work allows her job to be simply overseeing their efforts.

"They choose what we are gonna sell on the cart, they do an inventory: how much do we have, how much do we need," London said. "So pretty much, with the guidance of an adult, it's their business to run, for them."

Students who help with the coffee cart enjoy different aspects of it. Senior Chariyah Bowens, for example, likes making transactions with customers.

"[My favorite part is] selling snacks: coffee, hot chocolate, and gum," Bowens said.

Senior Caleb Schaefer, however, appreciates the gifts bought on special occasions with funds from the coffee cart. Working the cart



Coffee Cart customers arrive at the cart during passing period.

photo by Novah Ulm

has allowed Life Skills students to develop independence as well.

"When he started doing coffee everything was Caleb do this, Caleb do that, and now he just - he just does it," London said. "And so he can take those skills and carry them over when he gets a job somewhere."

While the coffee cart allows students in Life Skills to develop useful abilities for their futures, it also provides an opportunity for customers to grow through interactions with those students.

"You [students] don't know how to interact with a kid that has disabilities sometimes, and it's not 'cause they don't want to, it's just they don't know what to say or do," London said. "And so the kids in my class are winning because they're making money and they're learning skills, but I think the rest of our building is winning too because they're learning to foster relationships with people that maybe wouldn't always be in their circle they see every day, which is a life skill for them as well."

TREAT YOURSELF

Explore the different options available to purchase from the CNHS Coffee Cart

RICE KRISPY TREATS

HOT TEA

COOKIES



BOTTLED WATER

DONUTS

CRACKERS

HONORING OUR HERITAGE

Students share how they celebrate their Hispanic heritage

by Jasmine Yang design by Alex Osburn

To some at Columbus North, representation growing up was never a problem. To others, however, that representation wasn't always a given.

That is one of the reasons why some believe that Hispanic Heritage month is an important time to represent, respect and honor those of Hispanic heritage. Senior Carlos Fabian shares how he feels about being able to have Hispanic Heritage month.

"It was last year when I realized there was a Hispanic Heritage month," Fabian said. "It felt pretty nice to know that people recognized that there is one month where they recognize my heritage."

Junior Nayeli Felipe shares similar thoughts regarding having a month dedicated to Hispanic Heritage.

"It's kind of fun because you can learn what they wear and what it's like in different cultures," Felipe said. "From here in the United States it's different from what they wear in Guatemala. Like over there [in Guatemala] they wear different types of shoes."

Fabian did not initially realize there was a Hispanic Heritage month, but he always tried to celebrate around that time anyways due to Mexico's Independence Day.

"I didn't really know about it, but I always try to have a little celebration around this month with my friends just because you have Sept. 16 [Día de Independencia]," Fabian said. "I just really liked to have a reunion and share a piece of my culture with my friends. I

think it's really nice for them to know a little more about me."

Sophomore Carlota Gonzalez has some traditions in her family she partakes in outside of Hispanic Heritage month.

"We do a lot [of traditions within my family], but one of them is to eat 12 grapes on the night of the new year," Gonzalez said. "There are 12 because the year has 12 months. This is done to have 12 months of good luck and prosperity."

Fabian grew up in Mexico and lived there for 14 years. Due to this, he never had many problems regarding being made fun of for his culture growing up, however after he moved he has struggled with that. Since he grew up in Mexico, this fortunately never really affected him.

"I feel like some people have definitely tried to make fun of my culture before," Fabian said. "Growing up in Mexico helped me have a strong base on who I am and what I am."

Not all students have the opportunity to learn about every culture and heritage there is around the world. Due to this, Fabian explains how students can become more educated regarding Hispanic heritage.

"There is a lot more diversity than they could think," Fabian said. "I still get impressed by how many things there are. I think they should actually just try new things and if they have a chance, actually go to as much of a traditional space as they can where they can celebrate any kind of heritage, tradition or anything."

junior
Nayeli Felipe

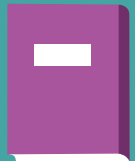


photo by Bladen Petro

LISTA DE LIBROS

Check out this list of books by famous Hispanic authors.

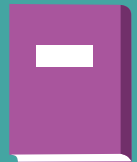
"Poems That Make Grown Women Cry"
by Pablo Neruda



"They Both Die At the End" by
Adam Silvera



"The Poet X" by
Elizabeth Acevedo



"I Am Not Your Perfect Mexican Daughter" by
Erika L. Sanchez



"The Weight of Feathers" by
Anna-Marie McLemore



Sources: San Francisco Public Library
Bibliocommons, Book Riot, Bustle

MONEY MAN

Senior Jesse Williams begins his career of investments, succeeding in Cryptocoin **by Alex Osburn design by Samantha Dearing**

Hundreds of voices all talking at once create an overwhelming roar. Businessmen and women stare intently at the constant flow of numbers and letters across dozens of screens, expressions changing to reflect what they see. The word "investment" might bring to mind a busy stock exchange, or perhaps a series of red and green lines with dramatic dips and rises. For those who speak the language of cryptocurrency, investments bring to mind the glow of a computer screen and the clicking of a keyboard.

According to Investopedia, cryptocurrency, also called crypto, is a relatively new type of digital investment that began in 2009.

Senior Jesse Williams realized the potential of investing with cryptocurrency and has taken the opportunity to maximize his income.

"I took the profits from my snow removal business and I put it into cryptocurrency, and then I cashed out on that money on a Mustang I bought over the summertime, at the end of the summer," Williams said. "It was one of my dream cars, and I was able to get all the features I want out of it and everything."

Williams chose to invest in three different types of cryptocurrency: Ethereum, XRP (Ripple), and XLM (Lumen).

"I was interested in it. I thought it was pretty easy and I knew if there was an opportunity to make money I was gonna take it," Williams said.

He quickly learned the ins and outs of different cryptocurrencies and began seeing gains in his investments.

"I got pretty good at it pretty quick and it was just up from there," Williams said. "Currently [my investments are] up very high."

The senior's success with crypto has encouraged others around him to invest digitally, such as Williams' good friend, senior Curran O'Connor.

"As I got older, I was looking for ways to make money on the side," O'Connor said. "Also, seeing Jesse's success with it gave me the push to learn about it for myself and invest."

This newcomer to investing has remained optimistic even without immediate results.

"At first it's discouraging because you want to put in small amounts, but with the big currencies if you only put in \$25 you might make \$1 to \$2 if it goes up, while someone who puts in \$500 can make \$20 or more with the

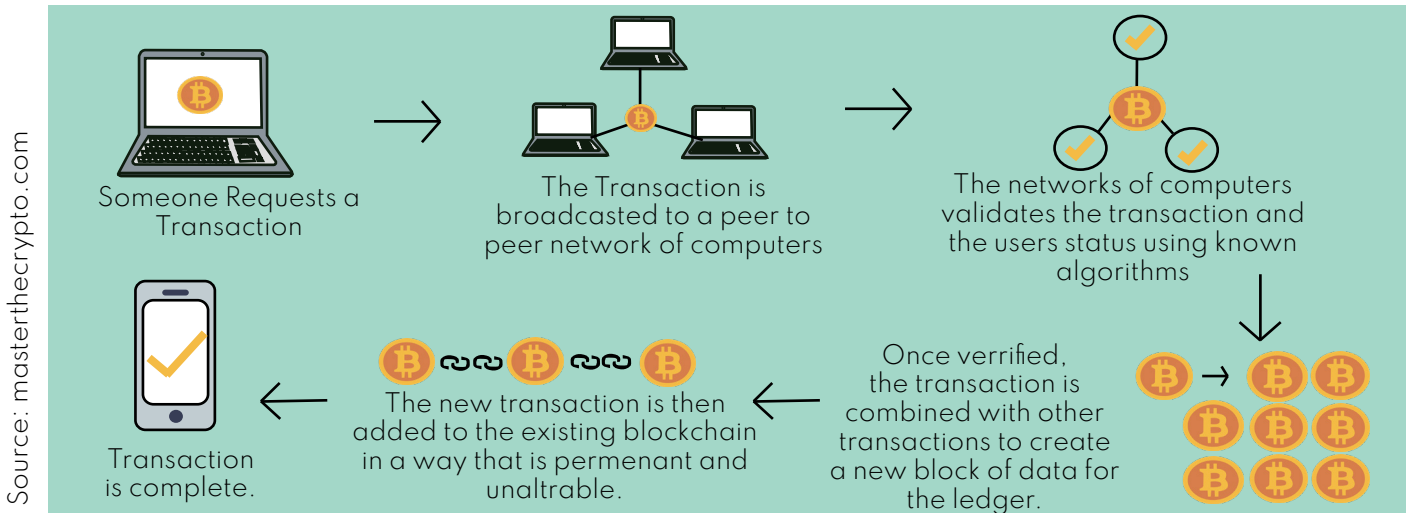


same rise of the coin," O'Connor said. "But once you put in a good amount of money and learn when to buy and sell, you become hopeful."

Such stories of success and positive outlook have encouraged some to take a leap of faith and begin using cryptocurrency. For those who might be interested in starting to invest with crypto, Williams offers some advice.

"Do your research first. Take months and time and just research what you wanna do before you get into it, 'cause a lot of rookie mistakes can set you back for years," Williams said.

HOW CRYPTO STOCKS WORK FOR STUDENTS



BREAKING RECORDS

Senior soccer player Jenna Lang scores 115 goals and breaks Columbus North's record

"I never thought I'd be able to do it. I just play the game... and it worked in my favor"

Sweat drips down her forehead. The sun beats down on her back, but she strides forward, rushing to get to the ball before the defender can. Based off of a split second, she gets there first and starts racing towards the goal. The defender is desperate to catch up to her, but she's too late. Senior soccer player Jenna Lang sets up the shot and the ball hits the back of the net. She finds out later that she ended up breaking the previous record by two goals. Lang talks about how it feels to break the record.

"I always had thought it would be cool to break the record but I never thought I'd be able to do it. I just play the game and always try to score or be effective in some way and it worked in my favor," Lang said.

Since Lang has been playing soccer for so long, a thought that has come to mind was whether she would take soccer into her future.

"I think it would be really cool to play soccer at the professional level and play internationally. I am not sure if I will want to but I have thought about it and I think it would be a really cool experience," Lang said.

Family means a lot to Lang and her dad is her role model. She has limited free time outside of soccer, but she still makes sure to dedicate time to family and friends.

"I spend a lot of time with my friends and family outside of sports but I don't do any other extracurricular activities," Lang said.

Spending time with friends and family is an important part of the journey that she has taken. In the 16 years she has played, many lessons have been learned and friendships have been formed.

"Over my years of playing soccer, I have learned so much about myself and how much I can push myself. I have had to face adversity and I have learned to be patient in the process. I have gained friendship and lifelong relationships with some of my teammates, coaches, and peers," Lang said.

by Jasmine Yang
design by Annagail Fields
photo by Annagail Fields

KINGS & QUEENS

Senior Homecoming Court Shares their experiences for their last Homecoming Game **by** Natalie Brown **design by** Samantha Dearing

SENIOR HOMECOMING COURT

Sam Wilkinson	Noah Abfall
Sydney Cooper	Evan Carr
Ashlie Wilson	Zane Glick
Reagan Ables	Will Holiday
KJ Ely	Evan Babb
Grace Whaley	Matthew Goble
Grace Anderson	David Fry
Josie Elwood	Aaron Krider

Senior Homecoming King and Queen Zane Glick and Sam Wilkinson pose at the Homecoming game Friday night.



Sixteen seniors stood out from the homecoming crowd on October first. With eight boys and eight girls, the senior court is larger than any other grade level. For senior Samantha Wilkonson, it was her first and last time dressing up for the court. "I'm just excited to dress up and take pictures with my friends. I just feel like it'll be a fun experience with everyone," she said.

Homecoming court members got to dress up, pick an escort, and

have a chance to be crowned king or queen of the court. Senior Grace Whaley has been on the court three times, and was excited to prepare for her last one.

"The most fun part is being able to dress up and being with friends on the float. Most of my close group of friends are on the senior court with me. I am getting ready with a group of friends who are also on the court, but some of us are taking the SAT the morning after so we can't hang out after," she said.

Whaley doesn't discourage new

high school students from trying out.

"I would recommend people be on the court! It's a really fun experience. I am nervous to be in the car and to wave to the crowd. It's awkward sometimes," she said.

For these seniors, it may be their last court, but it will certainly be an experience for everybody involved.

"It is very bittersweet to be having my last homecoming. I am really excited to go to college and make more friends, but leaving north will be super sad. I have made so many fun memories here," Whaley said.

BULL DOG CONNECTIONS

- [Check out the website for the CNHS Media department & students](#)
- [Check out the school newsmagazine \(Yep, it's still called The Triangle, even if it might look a little different!\)](#)
- [You can see and listen to the school's videos & daily announcements given by the students](#)
- [Twitter account for CNHS Media](#)
- [Columbus North Athletics Page – Great page with all the Bull Dog athletic teams](#)
- [Twitter Account for Bull Dog Athletics](#)
- [Erne Auditorium Instagram Account page](#)

BULL DOG CONNECTIONS

Bull Dog Alumni Association on the web

- [Website](#)
- [Join us on Facebook](#)
- [Email](#)

WHAT ARTICLES WOULD YOU LIKE TO SEE IN OUR NEXT TRUE BLUE?

[Please let us know!](#)

SEND US STORIES ABOUT AN ALUMNUS FOR OUR NEXT ISSUE

ABOVE: LOG COVERS THROUGH THE YEARS